



HOPE UNIVERSITY

HOPE University offers inclusive classes aimed to support individual family units. These classes are taught in two phases, 4 classes per phase and anyone is welcomed to attend.

Tuesdays 1:00pm - 2:00pm

- Feb 03- Feb 24** Infant Sign Language, MOM Co, SMART Family Literacy, Postpartum
- Mar 10 - Mar 31** Financial Advice, Infant Care, Breast-Feeding Support, Bible Study
- Apr 14 -May 05** Infant Sign Language, MOM Co, SMART Family Literacy, Postpartum
- May 19 - Jun 09** Financial Advice, Infant Care, Breast-Feeding Support, Bible Study
- Jun 23 - Jul 14** Infant Sign Language, MOM Co, SMART Family Literacy, Postpartum
- Jul 28 - Aug 11** Financial Advice, Infant Care, Breast-Feeding Support, Bible Study

PARENTING WITHOUT SHAME

Parenting can be tough! These classes encourage parents of children at any life stage to learn skills to address their child's emotional needs, physical needs, and cognitive needs with unconditional love. All classes must be attended to receive a certificate of completion. Childcare is not provided and children may not attend classes.

Tuesdays 6:00 PM -8:00 PM

Feb 10th , 17th & 24th

Jun 2nd , 9th & 16th

Sep 8th , 15th & 22nd



409-443-5059



pregnancyhelpcentergalveston.org



1709 23rd Street
Galveston, TX 77550